

Talk About Your Hobbies in English

A hobby is a door — open it with a story

EPISODE 30 • LEVEL B1-B2

Episode summary

- Someone asks, what do you do for fun? You say, I like music. Silence. The conversation dies in four seconds — not because your hobby is boring, but because the sentence is too small.
- Move one: stronger than like. The ladder runs like, enjoy, love, be into, be keen on. Into is the magic word, and after enjoy, love, and into, the action wears an ing coat: I enjoy swimming.
- Move two: how often and how long. Every weekend, twice a week, once in a while. And the proud sentence: I have been playing the guitar for ten years — for counts a time, since names a moment.
- Move three: one small story. When it began, one moment you remember, why you stayed. Three sentences turn a hobby into a person, and give the other side doors to open.
- Move four: ask back and invite. What about you? How did you start? Come with me one day, try it once. One soft invite turns a chat into a plan — and a stranger into a friend.

What's inside this PDF

18 key words • the into ladder • for and since • Say It Better upgrades • 3 practice exercises

Key Vocabulary

18 words from this episode — learn them, then use them this week

1. hobby

the thing you do for fun, not for money.

> My hobby is painting.

2. free time

the hours that are yours, not work, not sleep.

> In my free time, I read.

3. keen

strongly interested; say keen on.

> I am keen on chess.

4. into

deeply interested; part of your life.

> I am really into photography.

5. collect

to gather things you love, one by one.

> He collects old maps from every city he visits.

6. practise

to do a thing again and again to grow.

> She practises the piano every morning.

7. outdoors

outside, in the open air.

> Hiking and fishing are outdoors hobbies.

8. relax

to rest and let the day go soft.

> After work, I relax with music and tea.

9. enjoy

to like something with pleasure; takes an ing verb after it.

> I enjoy swimming.

10. fan

a person who loves a thing with energy.

> I am not a fan of horror films.

11. skill

something you can do well, learned step by step.

> Baking is a kind skill to share.

12. team

a group that plays or works together.

> Our team plays every Sunday.

13. instrument

a thing you play music with.

> The guitar is his instrument.

14. recipe

instructions for making a dish.

> This recipe came from my grandmother.

15. trail

a path in nature for walking.

> We walk the river trail on Sundays.

16. stage

the raised floor where people perform.

> She sings on a small stage every month.

17. weekend

Saturday and Sunday, the free days.

> I bake on the weekend.

18. invite

to ask someone to join you.

> Invite a friend to try your hobby once.

A Hobby Is a Door

into, time, years, one small story — then ask back

Move one: stronger than like

“I am really into music.”

Move two: often and long

“Every Friday. I have been doing it for three years.”

Move three: the small story

“I started because my grandfather gave me his guitar.”

Move four: ask and invite

“What about you? Come with me one day.”

The rule

“A hobby is a door. Open it with a story.”

Say It Better — 10 upgrades

☐ “I like music very much.”

☐ “I am really into music.”

☐ “My hobby is to read books.”

☐ “My hobby is reading books.”

☐ “I enjoy to swim.”

☐ “I enjoy swimming.”

☐ “I play the football on Sundays.”

☐ “I play football on Sundays.”

☐ “I am good in cooking.”

☐ “I am good at cooking.”

☐ “I do it since two years.”

☐ “I have been doing it for two years.”

☐ “I have a free time today.”

☐ “I have some free time today.”

☐ “What is your hobby name?”

☐ “What do you do for fun?”

Practice Time

3 exercises — do them today, not “someday”

Exercise 1 — Fill in the blank

Word bank: hobby • keen • collect • practise • relax

1. My _____ is painting.
2. I am _____ on chess; it has my heart.
3. He _____s old maps from every city he visits.
4. She _____s the piano every morning.
5. After work, I _____ with music and tea.

Exercise 2 — Say it like a local

Upgrade each hobby-English line (answers below):

1. “I enjoy to swim.” > Enjoy takes a partner:
2. “I am good in cooking.” > Good takes one small word:
3. “I do it since two years.” > Count the years right:

Exercise 3 — The party answer

Build your full answer before the next party: into plus your hobby, every plus your time, I have been doing it for plus your years, and one small story in three sentences. Say it out loud three times. Boring means ready.

- Strong: I am really into baking.
- Long: I have been doing it for two years, every weekend.
- Story: I started with my grandmother. My first cake fell flat. I stayed for the warm kitchen.

Answer key

Ex 1: 1 hobby • 2 keen • 3 collect • 4 practise • 5 relax

Ex 2: 1 “I enjoy swimming.” 2 “I am good at cooking.” 3 “I have been doing it for two years.”